

## Litterless Lunch Challenge.

Don't be out to lunch when packing your lunch! Compete in Delta's Litterless Lunch Challenge. Have your classroom compare the amount of garbage created by a regular lunch to a litterless lunch.

Teachers: Register your classroom for the Litterless Lunch Challenge and be entered for a draw prize.

Already doing litterless lunches? Register your class to be entered for a draw prize.

Submit a photograph showing the difference between a regular lunch and a litterless lunch and be entered again into the draw.

To register email: Erin Riddell, Environmental Officer at [eriddell@corp.delta.bc.ca](mailto:eriddell@corp.delta.bc.ca)

Potential prizes for classrooms include: reusable lunch bags, water bottles, recreation passes, or a classroom environmental arts or activity presentation.



### The Litterless Lunch Challenge!

Parents: Help us reduce our lunch garbage and win this challenge.

Did you know that average school age child who consumes a conventional disposable lunch generates an average of 67 lbs of waste per school year? For one average sized elementary school that equates to 18,760 lbs of lunch waste per year.

Please pack a litterless lunch for your child on: [date] \_\_\_\_\_

#### How to pack a waste free lunch:

- Use a reusable lunch bag or box (not a throw away, single-use plastic or paper bag).
- Reusable containers for packing food (no plastic wrap, foil, plastic bags, single-serving containers, pre-packaged foods).
- Reusable drink containers e.g. thermos or reusable bottle. Recyclable containers (pop cans, juice boxes) are discouraged but acceptable as long as the student ensures they go into the recycling bin.
- Organic waste such as apple cores, orange and banana peels can either be composted through a school composting program or at home.
- Non-disposable cutlery (silverware) and a cloth napkin.