

## TEDDY BEAR EVENTS

Can't "BEAR" the icy ocean water?  
Head to your local recreation centre  
to swim, skate or workout in the  
weight room for FREE with your  
donation of a nonperishable item  
for the Food Bank!

### Ladner Leisure Centre

1-2:30pm Skate  
12:30-4pm Swim  
& Weight Room

### South Delta Recreation Centre

3:30-5pm Skate

### Sungod Recreation Centre

1:30-3:30pm Skate  
12:30pm-4pm Swim  
& Weight Room

### Winskill Aquatic & Fitness Centre

12:30-4pm Swim  
& Weight Room



Centennial Beach,  
Boundary Bay Regional Park

## SCHEDULE OF EVENTS

11:30am	Registration Opens
11:30am-	Drummer – Lyle Povah
12:50pm	Raffle Tickets
11:30am-	Children's Activities
1:30pm	
12:30pm	Opening Welcome
12:50-1pm	10 minute warning for swimmers
1pm	<b>2010 POLAR BEAR SWIM!!</b>
1:10-1:30pm	Awards and Prize Raffles
1:15-1:30pm	Drummer – Lyle Povah

